

February 2026 | Parkwood Highlands

# HIGHLANDS

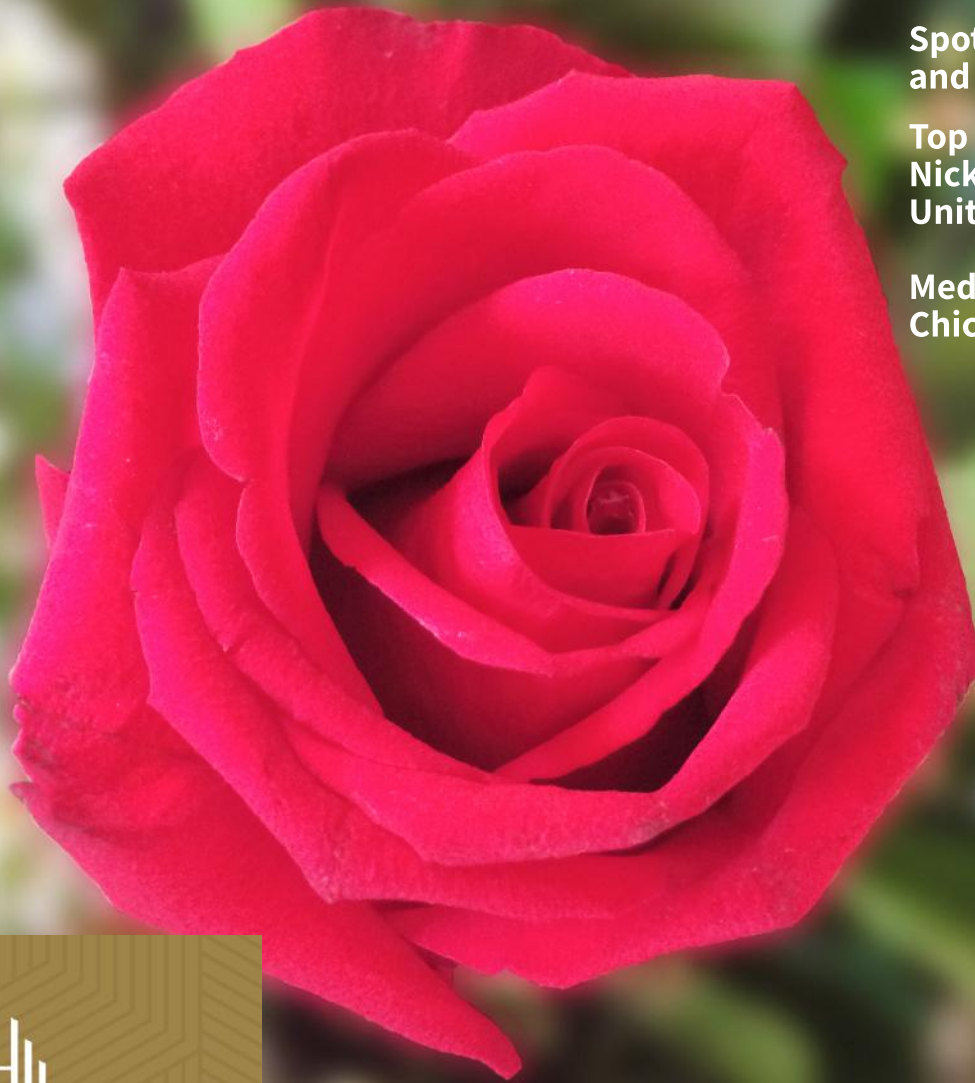
## *Happenings*

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**HIGHLANDS  
COMMUNITIES**  
Apartment & Townhomes 55+

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## PAST ACTIVITIES & RECREATIONAL EVENTS



## UPCOMING SPOTLIGHT EVENTS



### Story Stones & Memory Pebbles

**TUESDAY, FEBRUARY 10TH AT 2:00 PM | BUILDING 4 COMMUNITY ROOM**  
 Story Stones & Memory Pebbles: All supplies included! Decorate stones with words or symbols that spark meaning for you. Reflect, connect, and enjoy a creative moment. **This event is free. RSVP by Friday, February 6th**



### Valentine's Mingle

**FRIDAY, FEBRUARY 13TH AT 12:00 PM | BUILDING 4 COMMUNITY ROOM**  
 Join our Valentine Mingle! Sip and savor a delightful selection of wines or beer paired with tasty bites and sweet treats. Enjoy a cozy, relaxed atmosphere with plenty of space to mingle, share laughs, and make new connections. Cheers to a good time with great company! **\$12 per person. RSVP by Friday, February 6th**



### ADA Ensemble

**TUESDAY, FEBRUARY 17TH AT 11:00 AM | BUILDING 4 COMMUNITY ROOM**  
 Join us for an unforgettable performance by ADA Ensemble! This talented group brings classical elegance with a twist—jazz, ragtime, tango, fiddle, and more. Sit back, relax, and enjoy a vibrant mix of music that will keep you smiling and tapping along! **\$8 per person. RSVP by Tuesday, February 10th**



### Fireside Fondue & Friendship

**WEDNESDAY, FEBRUARY 25TH AT 11:30 AM | BUILDING 4 COMMUNITY ROOM**  
 Enjoy sweet and savory fondue with a variety of delicious dippables, plus wine, beer, and soft drinks! Dip, chat, and snack at your own pace. Want to keep the conversation flowing? Check out our fun Fondue Facts sheet—packed with tasty tidbits of knowledge to share! **\$12 per person. RSVP by Wednesday, February 18th**



### Winter Warm-Up Jukebox Bingo

**FRIDAY, FEBRUARY 27TH AT 11:00 AM | BUILDING 4 COMMUNITY ROOM**  
 Join us for Winter Warm-Up -Jukebox Bingo! Cozy vibes, festive décor, seasonal prizes, and a lively caller make this an event you won't want to miss. Grab your cards and let the fun begin! **\$8 per person. RSVP by Friday, February 20th**

*We look forward to having you join us!  
 For a complete list of activities and events taking place  
 this month at the Highlands, visit our Activity Calendar on pages 6-7.*

## RESIDENT REMINDERS



True friends are never apart, maybe in distance but never in heart."

– Helen Keller

*Congratulations!*

Who won \$100?



This month's winner of our \$100 lease renewal drawing is Sue-Carol M.



### Walkers & Scooters FOR THE SAFETY OF EVERYONE

Walkers and scooters should not be left in the common areas of the community or in hallways when you leave the building. You may, however, leave your walker or scooter near the elevator in the basement as you come and go. If you choose to do this, please be sure to park it out of the way of foot traffic for the safety and convenience of our residents. Please also note that Highlands Communities is not responsible for lost or stolen walkers or scooters.

### Elevator Etiquette A FRIENDLY REMINDER FOR OUR RESIDENTS

Please avoid holding the elevator doors open. It's better to step out and finish your conversation, allowing the elevator to continue. Holding the doors repeatedly can trigger the alarm, and this may cause problems with the elevator's programming, leading to a shutdown and requiring a reset.

Your cooperation is greatly appreciated to help things run smoothly!

### Wisconsin Homestead Rent Certificates FORMS AVAILABLE IN THE RESIDENT SERVICES OFFICE

The State of Wisconsin allows deduction to income taxes for your residence. The program, established in 1964, is called the Homestead Tax Credit. To be eligible, a person must own or rent his/her residence, be at least 18 years of age and have a low annual household income.

If you qualify and wish to take advantage of this program, you will need a Rent Certificate completed by your landlord. The Resident Services Office has these forms available and upon request, will complete the form for you within 3 business days.

If you have questions about this tax credit, contact your tax advisor. If you have questions about completing the Rent Certificate, please contact our Resident Services Office.

### Common Area Expectations A FRIENDLY REMINDER FOR OUR RESIDENTS

The common areas and hallways of our communities are shared spaces enjoyed by all. As a friendly reminder, please be mindful of the following when in the common areas: Avoid behavior that could create a nuisance such as playing, loitering, loud noises, offensive conduct, inappropriate attire (please have shoes and appropriate street attire on at all times), or playing music without headphones.

If you have any questions about what is, or is not allowed, in the common areas, please refer to your lease, or contact the Resident Services Office for more information.

### Weekly Coffee Hours EVERY FRIDAY AT 8:30 AM BUILDING 4 COMMUNITY ROOM

Join your friends and neighbors every Friday in February for Coffee & Puzzles. Enjoy a special treat on February 13th & 27th. We will see you there!



### Return The Carts For Others To Use A FRIENDLY REMINDER

Please be courteous to your neighbors and return the community shopping carts and flatbeds to their designated area immediately after you are finished using them. We appreciate your cooperation.

### FEATURED EVENT

### Coffee with a Firefighter TUESDAY, FEBRUARY 24TH AT 3PM | BLDG 4 COMMUNITY ROOM

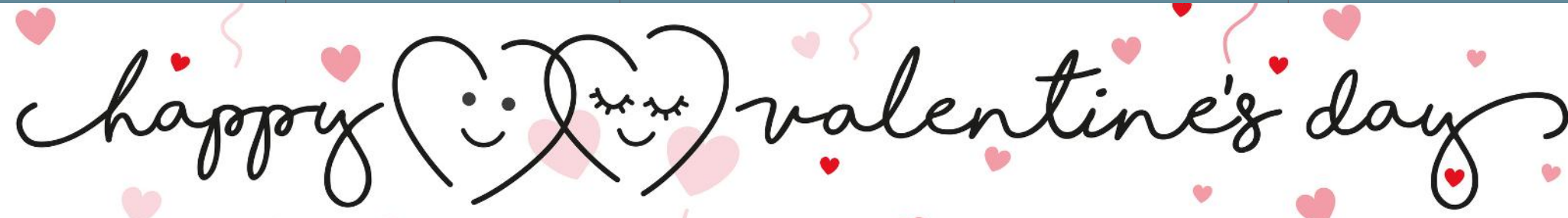
Residents in Buildings 4–7 are invited to join us for a Fire Safety Meet-and-Greet with the New Berlin Fire Department. Stop by to enjoy coffee and donuts while learning important fire safety tips. Separate events for Buildings 1–3 will be held in the upcoming months. **This event is free. RSVP by Tuesday, February 17th**



*Nothing is impossible. The word itself says 'I'm possible!'*

–Audrey Hepburn

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
<b>National Baked Alaska Day</b>	10 am Orange Shoe Fitness 1 pm Marbles 6 pm Sheepshead	10 am Bible Study 12:30 pm Sheepshead	1 pm Cribbage 6:30 pm 3-13 Card Game	9 am Walking Group 12:45 pm Dominoes 6 pm Rosary	8:30 am Coffee & Puzzles 1 pm Poker 1:30 pm Knitting Group 6:30 pm Bingo	1 pm Sheepshead 7 pm Royal Rummy  <b>National Eat Ice Cream for Breakfast Day</b>
8	9	10	11	12	13	14
<b>National Laugh &amp; Get Rich Day</b>	10 am Orange Shoe Fitness 1 pm Marbles 6 pm Sheepshead	12:30 pm Sheepshead 2 pm Story Stones & Memory Pebbles	8 am Buildings 4 & 5 Breakfast 1 pm Cribbage 6:30 pm 3-13 Card Game	9 am Walking Group 12:45 pm Dominoes 6 pm Rosary	8:30 am Coffee & Puzzles w/ Treat 12 pm Valentines Mingle 6:30 pm Bingo	1 pm Left, Right, Center & Penny Drop 7 pm Royal Rummy  <b>Happy Valentine's Day</b>
15	16	17	18	19	20	21
<b>National Gum Drop Day</b>	<b>PRESIDENTS' DAY</b> 10 am Orange Shoe Fitness 1 pm Marbles 6 pm Sheepshead	<b>MARDI GRAS/RAMADAN BEGINS CHINESE/LUNAR NEW YEAR</b> 11 am ADA Ensemble 12:30 pm Sheepshead 6:30 pm Book Club	<b>ASH WEDNESDAY</b> 1 pm Cribbage 3 pm Cocktail Social 6:30 pm 3-13 Card Game <b>Monthly Fire Alarm Testing</b>	9 am Walking Group 12:45 pm Dominoes 6 pm Rosary	8:30 am Coffee & Puzzles 1 pm Poker 1:30 pm Knitting Group 6:30 pm Bingo	1 pm Sheepshead 7 pm Royal Rummy  <b>National Stickey Bun Day</b>
22	23	24	25	26	27	28
<b>National Be Humble Day</b>	10 am Orange Shoe Fitness 1 pm Marbles 6 pm Sheepshead	12:30 pm Sheepshead 3 pm Coffee With a Firefighter	11:30 am Fireside Fondue and Friendship 6:30 pm 3-13 Card Game	9 am Walking Group 12:45 pm Dominoes 6 pm Rosary	8:30 am Coffee & Puzzles w/ Treat 11 am Winter Warm Up Bingo 1 pm Poker 6:30 pm Bingo	1 pm Left, Right, Center & Penny Drop 7 pm Royal Rummy  <b>National Science Day</b>



HIGHLANDS COMMUNITIES  
**FEBRUARY 2026**  
**ACTIVITIES**

## JUST FOR FUN



### Fun Facts About Leap Year

Leap years exist to keep our calendars in sync with Earth's orbit. It takes Earth about 365.242 days to orbit the sun, so adding an extra day every four years—February 29—helps correct that small fraction.

But not all years divisible by 4 are leap years! Century years must also be divisible by 400 to qualify. That's why 1900 wasn't a leap year, but 2000 was. Without leap years, seasons would slowly drift, eventually throwing our calendars out of whack!



### Back Then In History - February

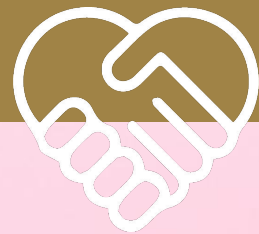
On February 14, 1968—fittingly Valentine's Day—the first successful U.S. heart transplant was performed in Houston, Texas, by Dr. Denton Cooley. The recipient, a 47-year-old man, lived for over 200 days following the procedure.



This medical milestone marked the beginning of a new era in cardiac care and innovation. Today, heart transplants continue to save lives around the world thanks to the groundbreaking efforts of early pioneers in transplant medicine.

February is the border between winter and spring.

— Terri Guillemets



## WHAT'S COOKING

### Mediterranean Chicken Bake

It only takes a handful of fresh, flavorful ingredients to make this easy and vibrant dish. Juicy tomatoes and crumbled feta create a savory, tangy sauce that's delicious spooned over rice, orzo, or pasta—making this recipe perfect for a weeknight dinner or casual weekend meal.

Can be frozen for up to 3 months.



#### INGREDIENTS

- 4 chicken breasts (about 1.5 pounds)
- 2 cups grape tomatoes
- 1 shallot, sliced
- 3 cloves garlic, minced
- 3 sprigs thyme or 1/2 tsp dried thyme
- 1/2 cup feta, crumbled
- 2 tbsp olive oil
- 2 tbsp Italian seasoning
- 1/2 tsp salt
- 1/4 tsp pepper
- 2 tbsp parsley, chopped (for garnish)

**STEP 1:** Mix the tomatoes, olive oil, garlic, shallot, thyme, and half of the feta in the bottom of a 9x13 Pyrex baking dish or similar.

**STEP 2:** Make room for the chicken breasts and lay them in a single layer without touching. Sprinkle with salt, pepper, and Italian (or Greek) seasoning.

**STEP 3:** Bake at 375°F for about 30 minutes or until internal temperature reaches 165°F.

**STEP 4:** Top with remaining feta and bake an additional 3–4 minutes to melt.

*Healthy and delicious!*

## Top Ten

### MOST POPULAR NICKNAMES IN THE UNITED STATES

Whether playful, cute, or nostalgic, nicknames bring a personal touch to relationships. From childhood favorites to pet names for loved ones, everyone has a soft spot for a good nickname!

1. Buddy
2. Sweetie
3. Champ
4. Boo
5. Peanut
6. Ace
7. Sunshine
8. Lovebug
9. Chief
10. Snickers

*Fun Names!*

## Shelf Indulgence

### THIS MONTH'S BOOK RECOMMENDATION

#### The Bookish Life of Nina Hill by Abbi Waxman

Nina, a bookstore employee and trivia whiz, lives a quiet, organized life—until the father she never knew leaves her a large, chaotic family. With lovable characters, sharp humor, and witty observations, this book is a feel-good celebration of introverts, books, and embracing change. A smart, cozy pick for curling up with in the winter.



## CONTACT INFORMATION



## Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



## Main Office

Mon - Fri, 10am-4pm  
Phone: (262) 288-9165  
Fax: (262) 432-0678

13800 W Park Central Blvd,  
New Berlin, WI 53151

### COMMUNITY DIRECTOR

**Carol Gurgul**  
Parkwood@ardenpropertygroup.com

### ASSISTANT COMMUNITY MANAGER

**Adam Loose**  
Parkwood@ardenpropertygroup.com

### LEASING

Mon - Fri, 9am-5pm  
Phone: (262) 288-9165

### LEASING SPECIALISTS

Tammy Peterson

### MAINTENANCE

Mon - Fri, 8am - 4pm  
Phone: (262) 288-9165  
Evenings & Weekends EMERGENCIES  
(AnSer) (800) 263-6148

### MAINTENANCE TEAM

Lee Spitzza, Jacob Parks

### HOUSEKEEPING TEAM

Sandy Wierzba, Sherry Hart

## Community Engagement Coordinators

**Gloria Mungen**

**Nancy Evans**

**Karen Meyers**

## Connecting Through Life Experiences

### WARM UP WINTER WITH FRIENDSHIP AND FUN

This February, we're creating spaces for community, creativity, and meaningful connection.

Join Us Each Week For:

**Orange Shoe Fitness** stay active by joining our group class every Monday at 10 am in Building 4 Community Room.

**Coffee Hour** with warm drinks and great conversation every Friday at 8:30 am in Building 4 Community Room.

Plus, visit our **Pen-Pal Card Making Station** located in Building 4 Community Room. Stop down any time in February to share words of hope on your hand crafted card that will brighten a child's day at St. Jude Children's Research Hospital.

Every event is a chance to slow down, connect, and share special moments. We can't wait to see you there!

## Onsite Services

### Bible Study

**BUILDING 4 COMMUNITY ROOM**  
First & Third Tuesdays 10 am

### Rosary

**BUILDING 4 COMMUNITY ROOM**  
Thursdays 6 pm

## February - A Month of Progress

February marks Black History Month, honoring the achievements and contributions of African Americans throughout history.

It also includes significant events like Presidents Day, Valentine's Day, and the birthdays of influential figures such as Frederick Douglass and Abraham Lincoln.

Join us this month in celebrating reflection, connecting through life experiences, and progress.



## Local Services

### Spectrum or AT&T

**HOTLINE**  
Spectrum: (855) 757-7328  
AT&T: (800) 321-2000

### WE Energies

**HOTLINE**  
(800) 242-9137

### New Berlin Senior Taxi

**PHONE**  
(262) 814-1611

### New Berlin Police Department

**PHONE- NON-EMERGENCY**  
(262) 782-6640

### New Berlin Senior Club

**PHONE**  
(262) 754-1706

### New Berlin Public Library

**PHONE**  
(262) 785-4980

### Pet License

**PHONE (262) 797-2448**

A pet license can be obtained at: New Berlin City Hall 3805 S Casper Drive, New Berlin, WI 53151. Monday through Friday 8 am to 4:30 pm.

## CHECK IT OUT

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Refer a friend or relative who completes an application by March 31, 2026 and when they move in, you'll receive

**\$500 CASH BACK!\***

\*Some restrictions apply. Application must be completed by March 31, 2026. Promotional program and cash back applicable to current Highlands Communities residents only. Recipient is responsible for paying all other local, county, state, and federal taxes on referral bonus.



## For After Hours Maintenance Emergencies

### HERE'S HOW TO GO ABOUT MAKING US AWARE THAT YOU REQUIRE ASSISTANCE

For all maintenance emergencies after 4:30 pm, Monday through Friday, Saturdays, Sundays, and holidays, please call our after hours call center, The Answer, at 1-800-263-6148.

You will be asked to provide the following information:

1. Your name
2. The name of the Highlands Community where you reside
3. Your building #, apartment # and phone #
4. A description of your emergency

If leaving a message, please be sure to include all information listed above.

Upon receiving an emergency call, The Answer operator will contact our on-call maintenance staff and they will respond accordingly. If you do not hear back from our on-call team member within 30 minutes, please call 'The Answer' back to make them aware.

If your call is not considered a maintenance emergency, The Answer will not contact our on-call maintenance staff. We ask that all residents have a personal plunger and attempt to unclog your toilet prior to calling for emergency assistance.

**A maintenance emergency is considered as the following:** No heat, flooding such as water heater, toilets and drains or unnatural flooding into the apartment, refrigerator not working, gas odor, plugged toilet if overflowing and the only toilet in the apartment, clogged drains, no A/C if temperature is higher than 75 degrees, garage doors not opening/closing properly, lockouts, no electricity, elevator stuck or not opening, smoke detector beeping. For all medical, fire and police emergencies, please call 911.

